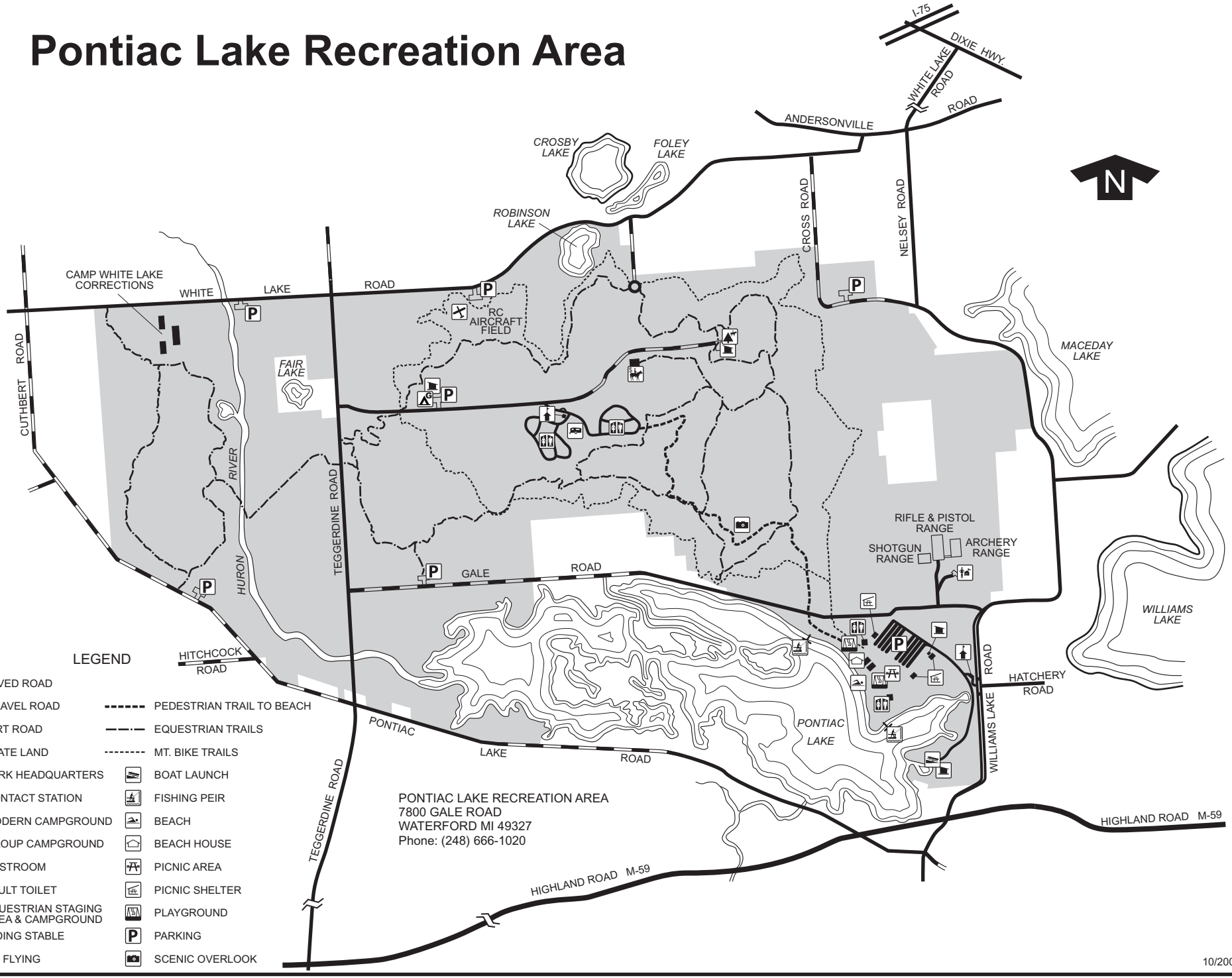Pontiac Lake Recreation Area