



# MOUNTAIN BIKE TRAIL

## HIGHLAND RECREATION AREA



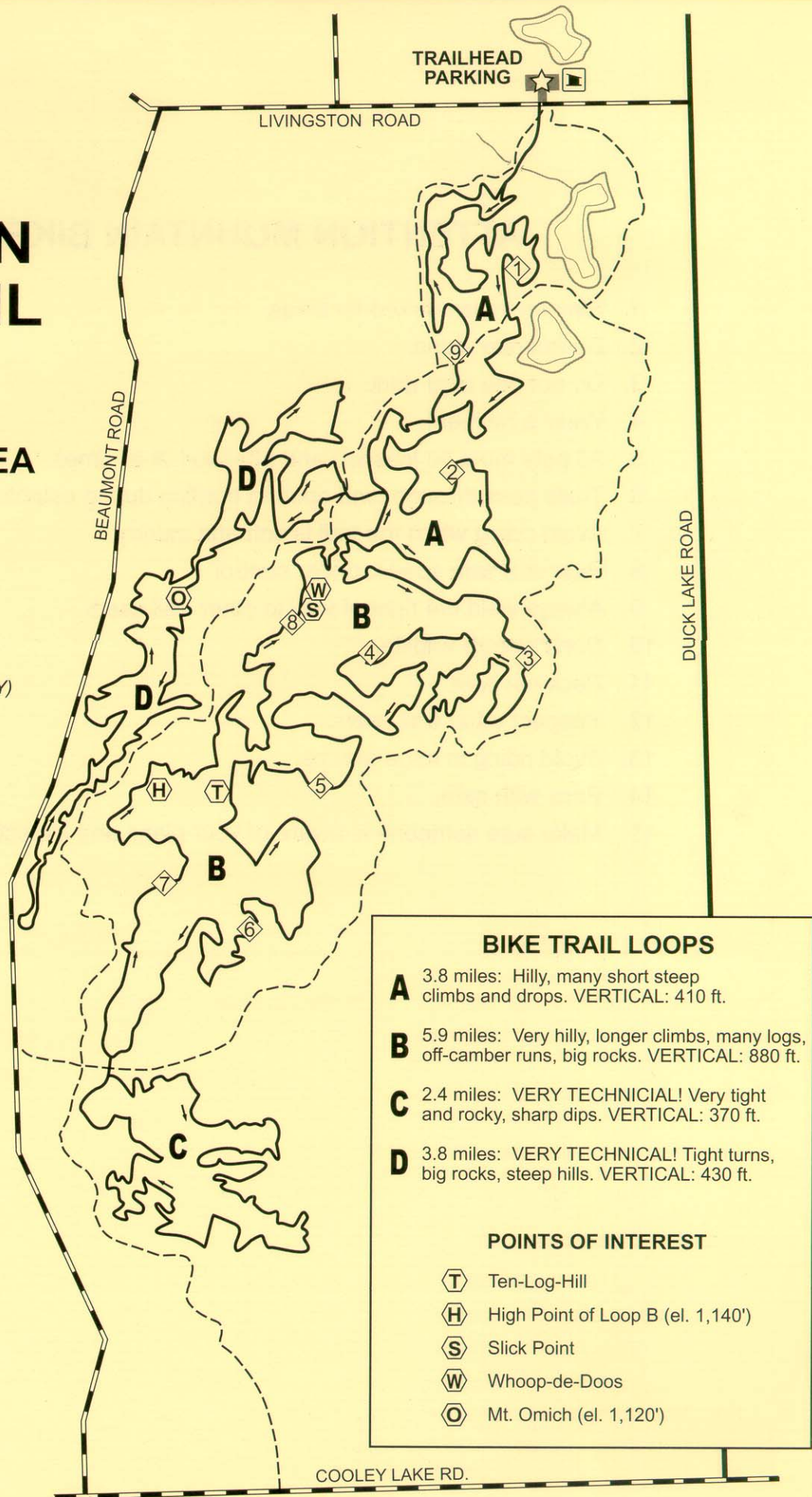
BIKE TRAIL  
(RIDE CLOCKWISE ONLY)

HORSE TRAIL  
(CLOSED TO BIKE)

DISTANCE (miles)

TRAILHEAD

VAULT TOILET



### BIKE TRAIL LOOPS

- A** 3.8 miles: Hilly, many short steep climbs and drops. VERTICAL: 410 ft.
- B** 5.9 miles: Very hilly, longer climbs, many logs, off-camber runs, big rocks. VERTICAL: 880 ft.
- C** 2.4 miles: VERY TECHNICAL! Very tight and rocky, sharp dips. VERTICAL: 370 ft.
- D** 3.8 miles: VERY TECHNICAL! Tight turns, big rocks, steep hills. VERTICAL: 430 ft.

### POINTS OF INTEREST

- Ten-Log-Hill
- High Point of Loop B (el. 1,140')
- Slick Point
- Whoop-de-Doos
- Mt. Omich (el. 1,120')